

WHAT TO BRING

- All the medications you are currently taking, including OTC meds and inhalers (list or bottles/inhalers)
- Military ID/Driver's License
- 7 – 10 sets of civilian clothing/underwear/socks (no strings or ties). Washers and dryers are available on the units for washing clothes (facility will provide detergent)
- Sweater, jacket, nightwear/pajamas
- Comfortable shoes (no laces or boots)
- Gym shoes (with laces are permitted only during scheduled gym/PT time)
- You may keep a small amount of jewelry (wedding band, small earrings – facility is NOT responsible for lost or stolen items)
- If you smoke, pack enough unopened cigarettes to last the length of your stay
- Eye care items (contact lenses/cleaning solution/case/eyeglasses) and toiletries
- Toiletries that do not include alcohol or aerosols and shower shoes

We provide personal hygiene items such as toothpaste, toothbrushes, deodorant, shampoo and soap if needed.

The following items are also allowed, but will be held in a personal belongings locker and issued during times of supervision:

- Cell phone
- Cash, checkbook, credit cards
- Musical instruments
- Cosmetics
- Curling irons, hair dryers, straighteners, electric razors and other electric items (as approved)

PLEASE DO NOT BRING

- Aerosol products/flammable liquids
- Products containing alcohol (to include toiletries)
- Cameras, laptops, personal gaming systems, radios, TV, MP3 players
- Food, gum, beverages
- Lighters, matches
- E-cigarettes or vapes
- Clothing hangers
- Provocative clothing or clothing displaying drug paraphernalia
- Spiral/wire bound notebooks, hardback books
- Smart watches
- Weapons of any kind (including pocket knives)

Please note that this is not a comprehensive list of all items. Any questions, please call 844.330.6600