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FOR IMMEDIATE RELEASE

Contact: Sandy Kuntz 812.786.7624

SandyKuntz@SPSH.com

Triangle Springs Hospital names Chief Executive Officer and Chief Medical Officer

Raleigh, North Carolina – Triangle Springs Hospital has named Carla Parker Hollis as Chief Executive Officer and Nadia S. Meyer, M.D. as Chief Medical Officer. Triangle Springs is scheduled to open April 24th, 2018 in Raleigh. The hospital will be providing critically needed addiction treatment and behavioral health services in the Triangle and surrounding areas.

Carla has over 20 years of executive-level experience in health care. Most recently, Carla served as President and CEO of Columbus Regional Healthcare System, a 154-bed hospital managed by Carolinas HealthCare System. The System included a full continuum of services including medical and surgical care, a cancer center, hospital-based outpatient clinics, both primary and specialty physician networks and a full continuum spectrum of ancillary services. Her prior healthcare experience also includes leadership roles at Duke University Health System including Vice President of Operations and Interim President. Carla is a graduate of the University of North Carolina and she earned her Master’s Degree in Healthcare Administration from Pfeiffer University.

Dr. Nadia Meyer graduated from Ross University School of Medicine. She completed her internship and residency at University of Virginia Roanoke/Salem and her fellowship at University of Pennsylvania. Dr. Meyer is board-certified in Internal Medicine, Psychiatry and Addiction Psychiatry. She specializes in dual diagnoses and takes an integrative approach to caring for her patients.

“Addiction and mental health are major issues in this community and unfortunately those needs continue to increase, particularly with the debilitating impact of the opioid and other substance abuse crisis,” said Carla Hollis. “Triangle Springs wants to be part of the solution for this region, and we’re eager to open our doors on April 24th to provide our region with the help, and the hope, that it so deserves.”

“Triangle Springs is committed to Changing People’s Lives,” said Dr. Meyer. “We have gathered a knowledgeable and devoted team of providers who share a common goal to deliver exceptional patient care within a compassionate and professional environment. Our team is devoted to excellence in treating mental health and addiction and we aim to be the gold standard.”

About Triangle Springs: Triangle Springs is a newly-constructed 77-bed behavioral hospital that will offer inpatient treatment for adults who are struggling with mental health and addiction issues. The state of the art hospital will provide comprehensive inpatient and outpatient services. Assessments will be offered 24 hours a day/7 days a week.

The attractive facility features secure, peaceful accommodations, including private courtyards, comfortable rooms and patient lounges. Triangle Springs' mission is to ***Change People's Lives*** by delivering innovative and evidenced-based treatment in a professional and compassionate environment that creates a foundation for long-term healing and recovery. Triangle Springs uses an approach that changes the way we think about psychiatric inpatient and outpatient care. For more information about Triangle Springs Hospital, visit trianglesprings.com.

About Springstone: Springstone is a developer and operator of behavioral health hospitals. The company, based in Louisville, Kentucky, provides mental health and substance abuse treatment to adults and adolescents through 15 hospitals located in Indiana, Kansas, Ohio, Arizona, Colorado, Oklahoma, Texas and North Carolina. Each Springstone facility features contemporary architecture, outdoor courtyards and environments designed to nurture patients recovering from mental health and addiction issues. In addition to traditional therapies, Springstone takes a holistic approach to treatment, offering yoga, art, movement and pet therapy and nutritional counseling. For more information, visit springstone.com.

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